



Freeling Bowling Club Inc.

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PO Box 189, Freeling SA 5372

41 Hanson Street, Freeling SA 5372



MEMBERS

HANDBOOK



Welcome (or welcome back) to the Freeling Bowling Club. If you need any assistance or have any questions, please feel free to ask someone. Names, roles, and responsibilities are detailed inside.

Lawn bowls is a game for all ages—it's relaxing, challenging, and a wonderful way to meet great people.

We wish you all the best for the upcoming season.

The Freeling Bowling Club

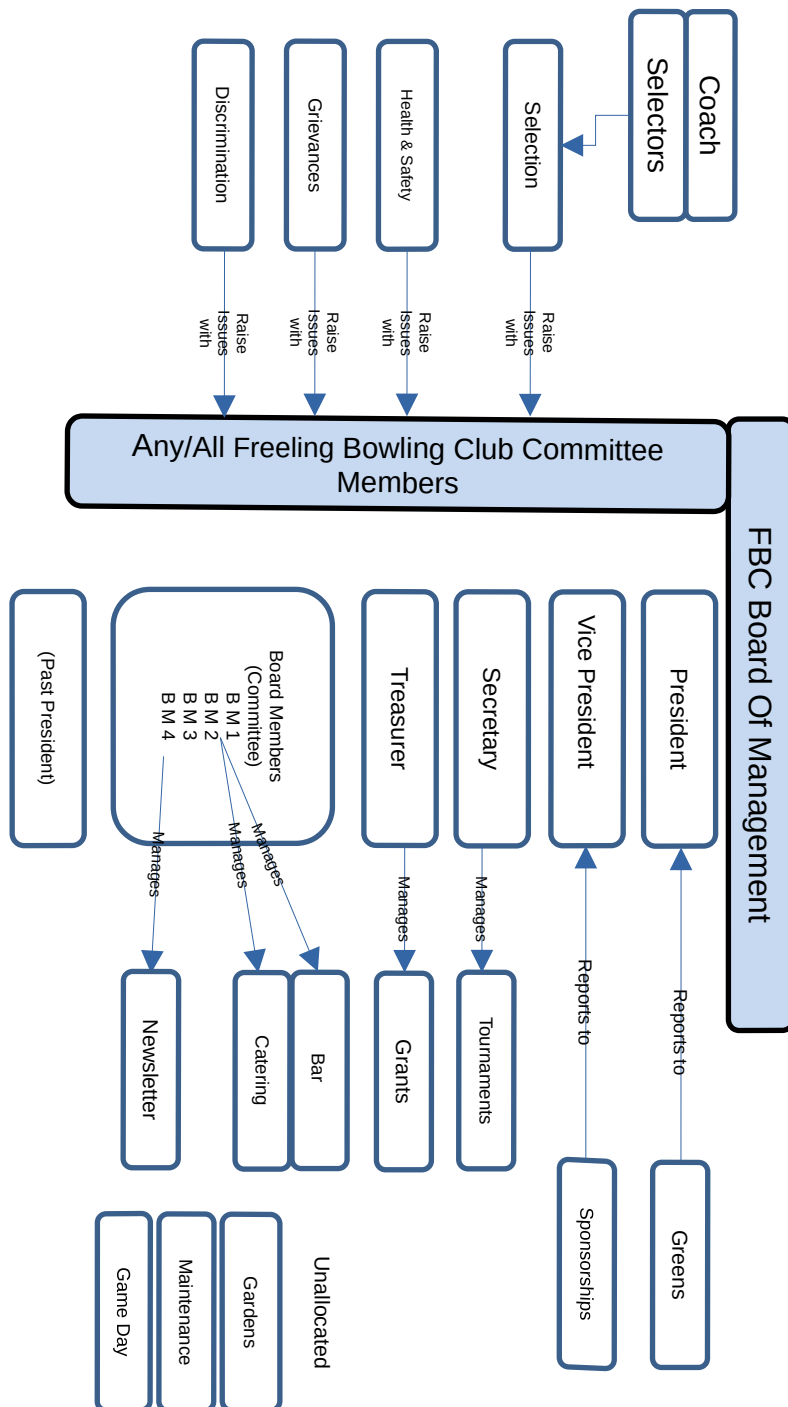
Contact Details

The Freeling Bowling Club is managed through the organisational structure on the following page. If you have a question, suggestion, issue or problem please see the nominated person for the respective role. If you cannot get a satisfactory answer then raise your issue with the President.

Freeling Bowling Club 2024/25

Club Rooms		info@freelingbowlingclub.com
President Greg Moore	0427 424 939	admin@angleparkvet.com.au
Secretary Daniella Madalinski	0405 220 543	dmadalinski@bigpond.com
Treasurer Ross Wordley	0408 077 797	Ross.wordley3@bigpond.com
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Committee Teresa Krause	0411 660 680	ktess9218@gmail.com
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Committee Jenny Wordley	0438 077 794	jlw4614@gmail.com
Committee Aaron Howarth	0418 161 565	ashowarth@hotmail.com
Tournament Director	Daniella Madalinski	
Bar Coordinator	Vicki Ramsay	
Greens Captain	Rod Seen	
Newsletter	Aaron Howarth	
Sponsorship	Daniel Smith	

FBC Organisation Structure



Please also refer to “Member Conduct and Membership Protection Policy” below

FBC Uniform

The FBC uniform is registered with Bowls SA and is to be worn at all pennant games and official games organised at club, region, divisional or state level. The shirt is part of our registered uniform and is to be worn with navy pants, shorts, skirts, or skorts. A jacket and or a Hoodie is available and optional additions to the uniform.

All uniform components (pants, shorts, skirts, skorts, socks) must have the Bowls Australia Logo (as noted in the front right hand side of the top).

Bowls shoes are available in many makes and models. Most will need to be purchased from a bowls store as they are specific to bowls. Not all flat soled shoes are appropriate.



Equipment you will need

- A set of 4 bowls. You may be able to borrow some until you have decided on size and type.
- Stickers from your club to be affixed to each bowl.
- A good polish cloth and a good bowl polish.
- A tape measure.
- A bag to carry the bowls.
- A pencil / pen (you may need to do the scoring)
- Sun screen
- A Bowls approved hat.
- A water bottle to ensure adequate fluids are taken throughout the game, especially on hot days.

• **Some Bowling Terminology**

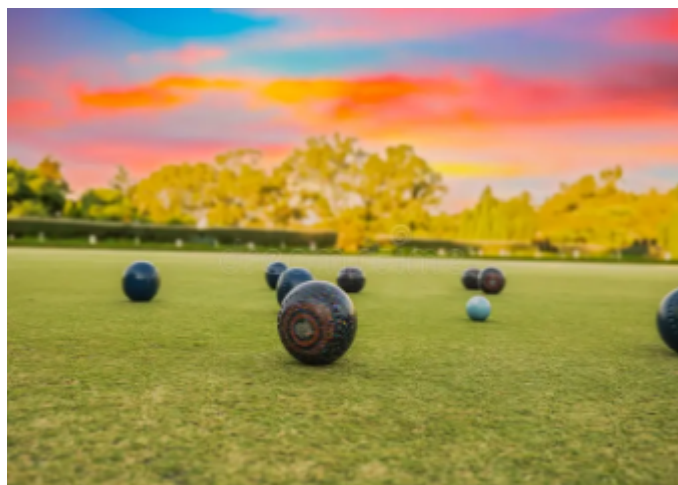
- The “SKIP” Is in charge of your team
- The “TEAM” is made up of Four (4), Triples (3) or a Pair (2).
- The “SIDE” is any agreed number of teams and or singles players whose combined scores determine the results of the match.
- “FOUR” means a team of four players whose positions In order of playing are named: Lead: Second: Third: Skip.
- “BOWL in course” means a bowl from the time of its delivery until it comes to rest, regardless of how many times it may be deflected by stationary bowls before coming to rest.
- “END” means the placing of the mat, the delivery of the Jack and the playing of all the required bowls of all the opponents in the same direction on the rink.
- “HEAD” means the Jack and such bowls as have come to rest within the boundary of the rink and are not dead.
- “MAT LINE” means the edge of the mat which is nearest to the front ditch. From the centre of the mat line necessary measurements to Jack or bowls shall be taken.
- “JACK HIGH” means that the nearest portion of the bowl referred to is in line with and at the same distance from the mat line as the nearest portion of the Jack.
- “PACE OF THE GREEN” means the number of seconds taken by a bowl from the time of its delivery to the moment it comes to rest, approximately 27m from the mat line.
- “A SET OF BOWLS” means four bowls all of a matched set which are of the same manufacture, and of the same size, weight, colour, bias and where applicable serial number and engraving. In all games each player shall play with the appropriate number of bowls from the same set.
- “SET” Is a predetermined number of shots or ends, forming part of the overall match.
- “DELIVERY” is when the Jack or bowl is released intentionally from the hand.
- “FORMER POSITION” means the location of a bowl or jack at rest on the rink of play or In the ditch immediately prior to being displaced.

• **LEAD POSITION**

- The most important position in the team.
- If your team wins the toss then place the mat on the centre line at the length your skipper directs.
- Deliver the jack/kitty as per the rules without foot faulting.
- Rolling the jack is an important function of the lead. You must aim to be an expert in doing this. The skip will usually direct the length of the end.
- Always check the bowl bias before playing the shot.
- Concentrate on your first bowl. Get it as close to the jack/kitty as you can as it is the foundation for the end.
- Decide which hand you prefer and stick to it if you can. Don't be tempted to change hands after one bowl as you have already had a "sighter" with the first.
- If a bowl appears in your draw, do not consider changing hand unless asked to do so.
- Avoid taking too little green; if you err at all, be too wide. Try to avoid placing your bowls Jack high.
- Be aware of where the Skip wants the mat and avoid using the same spot as the opposition.
- If your opponent has a toucher on the jack draw a close second shot, preferably behind the jack.
- Do not follow the draw of an opponent's bowl as he/she may have a wider or narrower drawing bowl.

• **SECOND POSITION**

- The most important position in the team.
- As the second player you are required to be versatile and be in complete command of all shots.
- You are an all rounder with a prime role of making up for any deficiencies of the lead. If the lead has not failed, it is then your job to consolidate the advantage gained. If the shots to the team's advantage then you add to them, protect them or place your bowl in such a strategic position as deemed by your skipper.
- Your estimation of length and green is to be precise and consistent as is possible.
- Always check the bowl bias before playing the shot.
- An additional duty of the second player is to keep the score card when playing fours. Ensure the score card is correct by regularly checking with your opponent and on completion sign both your opponent's and your team's card and record the time finished. When you are playing at home ensure that the rink score board is always up to date.
- Short bowls is the greatest crime the second can commit.
- Do not follow the draw line of the opponents bowl as he / she may have a wider or narrower drawing bowl.



THIRD POSITION

- The most important position in the team.
- The third player has to be capable of the full variety of shots.
- Your first duty is to collaborate and “get in tune” with your skip.
- Play the shot requested by the skip to the best of your ability. Avoid the temptation of playing the shot that looks the best from the mat.
- If uncomfortable with what you can see, ask to have a look. Stay relaxed in tough situations.
- Be precise with placement of position bowls.
- Observe and learn the way your skipper likes to play the game.
- Be a leader and motivator.
- Do not interfere or offer advice to the skip unless:
 - You are asked;
 - You believe the skip has missed something; or
 - The head has changed significantly.
- If asked for your advice give accurate and precise directions to the skipper.
- Do not rely on opponent's measurement. Always have a measure on hand.
- If in doubt call the umpire to measure.
- When changing ends place the skips bowl on the mat if he/she will be bowling first.



SKIP POSITION

- The most important position in the team.
- As skip you will do far more than just play two bowls. You must; watch every move on the board; sum up what the opponents can or are likely to do and allow for it; and find out any weaknesses the opponents have and where possible, exploit them.
- Give full encouragement to your players and help them to get over a bad period. Your team members know if their bowl is narrow or wide or short without being told.
- Don't be drive happy. Weigh up the risks before undertaking a fast drive.
- Lead with positive communication including clear, precise and specific direction.
- Stay relaxed in tough times.
- Acknowledge good bowls on crossover.
- Take extra care on the seventeenth and eighteenth ends. The loss of four or five shots at this stage can have a big psychological affect on all players, one team getting worried and the other inspired.
- Remember never slacken off, no matter how big your lead.
- You must demonstrate personal attributes of courtesy and tactfulness at all times.
- As a skipper you are required to display an ability to arouse and sustain the interest of your team members, keep them enthusiastic and happy, and have them feeling they are playing with you, not for you.

Member Conduct and Membership Protection Policy

This policy recognises the importance of membership ‘satisfaction’ with the operation and management of the Freeling Bowling Club Inc. In any club environment there is a risk that the membership may not always be fully informed of, or appreciate, the reasons why a management decision was made. Members may feel aggrieved or disappointed in the direction or operation of the club but not feel empowered to either raise their issue or know to whom they should direct their grievance

The Board of management recognises that Club members who entertained a grievance or issue are entitled to feel valued and their grievance or issue addressed appropriately by the Club Management. The high satisfaction of the membership in the management and operation of the club is critical to achieving the Club’s goals. To support this, the National Sports Integrity and National Sports Tribunal policies approved by Bowls Australia and applying to all levels of the sport – National, State, Association and Club – have been adopted where appropriate by the Freeling Bowling Club Inc.

It is a prerequisite for all new members to sign that they are aware of this, prior to the club accepting their membership and subscription fee.

A COPY OF THESE DOCUMENTS CAN BE VIEWED AT

<https://www.bowlssa.com.au/about-us-bowls-sa/governance-policies/>

For additional understanding, tools and resources, Clubs and members are encouraged to look at

Club Support: Sports Integrity and Managing Complaints

National Sports Integrity

Bowls Australia National Integrity Framework

Bowls Australia Complaints, Disputes and Discipline

Bowls Australia Member Protection

Bowls Australia Child Safeguarding

SA Addendum to the NIF Child Safeguarding

Bowls Australia Competition Manipulation and Sports Waging

Bowls Australia Improper Use of Drugs and Medicine

These policies should be read in conjunction with the Bowls Australia National Integrity Framework document.

A Brief History

The Freeling Bowling Club (FBC) was founded in 1922 and the official opening was 17 February 1923. At the first meeting it was decided to affiliate with the South Australian Bowling Association.

In 1922 there were 13 members but no ladies members. It has been difficult to determine where and when the FBC competed and who they played against. During the early years times were tough and at some stages only 3 rinks were needed due to member numbers and war activities.

Ladies were eventually playing in some seasons BUT were not members or associates. Fees were 10/6 but the conditions for ladies were that they not play on the gentlemen's rinks. (but the men were allowed to play on the ladies rinks).

1946 Freeling joined the newly formed Barossa and Light Association, In 1948 the Ladies were accepted as associate members. 1960 the A green was re-leveled and sixteen new lights were installed. 1977 saw the addition of B green. 1981 Night owls started with the Adelaide Plains Association. This was played at Pt Wakefield, Owen, Wasleys, Balaklava, Hamley Bridge, Mallala, Two Wells, Tarlee and Gawler. 1983 Club room extensions happened with the ladies toilets and kitchen area.

Over the years Freeling has always been competitive within their association despite being considerably smaller than most of the opposition clubs. Since 1945/46 Division I has been won 5 times, Division II won 3 times, Division III won 3 times, Division IV won 1 times, Midweek won 8 times and Ladies won 2 times.

Over the years, Freeling has had many representatives in association and divisional games.

Today

Freeling is part of the Barossa and Light Bowling Association (BLBA) playing pennants against teams from the towns of Lyndoch, Nuriootpa, Tanunda, Angaston, Kapunda Mt Pleasant and Eudunda. The association is affiliated with Bowls SA which is the governing body for South Australia. They then answer to Bowls Australia and World Bowls.

The BLBA is one of the Region 4 group of Associations which include Silver City, Riverland and Mid Murray. This is a geographical grouping, (not a management region) in which representative competitions are conducted.

During the main bowls season, we play Saturday afternoon pennants which is a mixed gender competition. There are four divisions (1, 2, 3, 4). Freeling will have teams in Division 1, 2, and 4 for the season 24/25, Midweek pennants are played on Thursday.

Thursday afternoon: Single gender competition (Men)

Thursday morning: Single gender competition (Ladies)

Practice is every Tuesday afternoon from 4:00 pm onwards.

The Game of Bowls

Bowls Australia is the governing body and all games are played according to Bowls Australia regulations with some local regulations and by laws for each association.

Every club has their own colours and uniform description which must be registered with the state authority. All clothing / uniforms worn by individuals when playing bowls must display the Bowls Australia Logo.

As a new bowler it is acceptable for a short while to wear non registered wear but over time all bowlers must acquire the appropriate uniform and shoes.

Pennants:

Saturday all divisions start at 1:00 pm

Thursday Ladies (morning) start at 9:30 am

Men (afternoon) start at 1:00 pm

If you have committed to play bowls you will be selected to play in a team and position that is appropriate for you. We ask that if you are not able to play on that day, you inform the selectors of your inability as soon as possible as it is very difficult to find replacements at short notice.

Season 2024-25

Subs for this season are \$160.00 full subs, \$140.00 concession plus \$5.00 each week for games played. The \$5.00 is payable for home and away games and is only paid once per week, despite the number of games played in the week. If you need assistance to meet the cost of the season, contact the treasurer and talk to him/her as help can be arranged.

Volunteers

As with all clubs, sporting or otherwise it takes considerable time, effort and money to have amenities and equipment to a Standard that is required and appropriate for the sport. At the Freeling Bowling Club we have a small membership base but have considerable grounds and surrounds to prepare and maintain for our sport.

The greens are maintained by the green keepers who strive to have “the best greens in the association”. This is both costly and time consuming. As a bowler you will not be required to do this but joining the green keepers group is one of many volunteer roles that can use more help around the club.

Some of the other task include cleaning club rooms, weeding surrounds, mowing surrounds, gardening (roses), maintenance of shelters, seating and helping with tournament days (3 per year).

Another way to become more involved with the club and making friends within the fraternity is to support events the club has organised. All the support you can give is very much appreciated and enhances the clubs social atmosphere and relationships.

If you feel that you have some time to spare and would like to do something then please speak to a committee member for any suggestions. Or just say “how can I help?” when you see other club members working.

The more members who do something the less we all will have to do. To play bowls there is a lot of work needed in preparation and fund raising before a single game can be achieved.

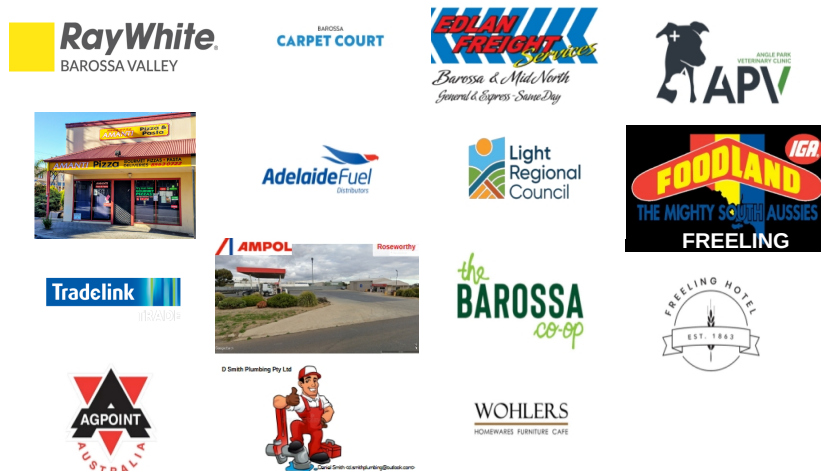
Sponsorship

All clubs have sponsors from their communities.

These sponsors donate goods, time or money towards improving our club and surrounds. Almost all clubs would struggle to make ends meet if not for the generosity of sponsors.

So please be aware of our sponsors and utilise their services if possible.

In addition, if you know of a possible sponsor introduce them to the club or make the club's sponsorship person aware of the possibility.



Other Activities

In the last few years FBC has had 1 or 2 8Ball teams using the club as a home base. This has been good for the club as the bar is open more often and some extra income is received in the off season.

If you would like to play then please come along to the club and make your interest known to a committee member. The nights are not late and the competition is excellent. Teams typically travel from Hamley Bridge, Gawler, Kapunda and Freeling.

Competition Darts has also come to the club. If you would like to play in the competition please see a committee member for more information.

Currently teams play Darts and 8Ball on either a Tuesday or Wednesday night from 7:30 pm. All players are either full or social members of the club.

In addition, from time to time the CWA, CFS and RSL make use of our club rooms or bowls facilities

Some Thoughts to Help You

- Respect the rights, dignity and worth of others.
- Be fair, considerate and honest in all dealing with others.
- Be professional in, and accept responsibility for your actions.
- Make a commitment to providing quality service.
- Operate within the Laws of the Sport of Bowls including national and international guidelines which govern Bowls SA.
- Be aware of, and maintain an uncompromising adherence to, Freeling Bowling Club, BLBA and Bowls SA standards, rules, regulations and policies.
- Refrain from any behaviour that may bring Bowls SA or a Member Club into disrepute.
- Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.
- Demonstrate a high degree of individual responsibility especially when dealing with any person under 18 years of age, as your words and actions are an example.
- Avoid unaccompanied and unobserved activities with any person under 18 years of age, wherever possible.
- Refrain from any form of harassment of others.
- Provide a safe environment for the conduct of the activity.
- Show concern and caution towards others who may be sick or injured.
- Be a positive role model.
- Respect the rules of the game. They are there to make it an even playing field.
- Be punctual to games. There is a starting time and everyone wants to start on time.
- Be ready to bowl when it is your turn, it shows everyone you are concentrating on the game.
- Avoid moving around behind the head or talking loudly whilst a player is on the mat.

More Thoughts

- Respect the decisions of the umpire.
- Keep away from the head when an umpire is measuring.
- Be polite to your opponents, arguments can upset you as much as them.
- Be careful of your language and of your demeanour.
- Be convinced that you have carried off the best of victories if your opponent of today becomes your friend of tomorrow.
- Shake hands with all players before and after the game.
- Remember you opponent may not be able to measure or kick back bowls etc, help them out.
- If you need an opponent to move, ask them politely.
- All players should help kick back the bowls, except the leader of the winning end who should first place the mat then help kick bowls.
- Keep off occupied adjacent rinks.
- It is customary to pick up the mat in any game if your opponent has the last bowl of the end.
- When playing pennants the Club uniform MUST be worn.
- Club coloured stickers in good condition are to be affixed to each bowl as per Bowls SA directive.
- Thirds do not have control of the head and should keep away from it until it is their skippers turn to bowl.
- The golden rule, that the Skip is the only person in the team to decide what tactics are to be used cannot be stressed too greatly. Whether one agrees or not, his/her wishes must be carried out to the best of your ability.
- Respect the Instructions given to you by your skipper he/she is always right!!!
- As soon as the ends are finished assist in rolling the bowls back.

Final Thoughts

- At the completion of the game each home team member offers a drink to their direct opponent.
- Control your joy when you win.
- Be able to “take it” when you lose.
- Always acknowledge your teams good bowls.
- Acknowledge an opponents good bowls but don't get too excessive!!!
- Don't show excessive emotion after lucky bowls for or against. They even up!!
- Demonstrate a willingness to be a supportive, positive and effective team member.
- Concentrate on smooth delivery, length and green.
- Practice constantly until consistency on any length is achieved.
- Practice and more practice will solve most problems with your bowling abilities.
- Club pairs and singles can be good practice games.
- We can all bowl the perfect bowl, the better bowlers do it more often!!!!
- You may beat the club champion one day but until you can do it regularly you are not better than him/her.
- Just when you think you have got this game worked out!
- You will realise you haven't!!

**Finally, make
PATIENCE—CONCENTRATION—COMMONSENSE
your watchwords.**

Welcome to your Bowling Future

Unfortunately, lawn bowls is a very addictive game that looks easy but can be quite challenging. One day you'll play like a champion; the next day, you might wish you had stayed in bed. Practice makes you better, though I won't say perfect because that's not likely to happen.

There are opportunities to play bowls for the club on pennant competition days: Thursday mornings for ladies, Thursday afternoons for men, and Saturday afternoons for mixed gender. If you want more, there are plenty of tournament days at other clubs. You can find these on the notice board or another player might ask you to join them to make up a rink.

Bowls SA has a list of all tournaments in the state, open to any financial club member. These are great social days that introduce you to different greens, players, and ideas.

No matter how long you've been playing bowls, there's always something new to learn.

ENJOY, and GOOD BOWLING.



